



Instructions

Watch the training video that supports this lesson and grab your journal or enter your answers to this worksheet.



Let's bring all it all together in a plan that reflects where you go next and bring this career change of yours to life.

Use the plan on the next page to plot out your monthly activities.

This could include:-

- Training courses and/or qualifications you will need
- Experience – paid or unpaid in your next career adventure
- Savings you may need to start putting away to support yourself when you take the leap
- Updating your CV
- Reaching out to industry recruitment agencies
- Looking into approving certified bodies that specialise in your new career
- Research your new career field – listen to podcasts, watch videos etc.
- Speak to those already working in your new career field
- Explore options in current job to reduce hours in the future
- Look for a new job in your current profession to ease pressure whilst you study with less hours, stress etc.

This is not an exhaustive list, there may be others you have in addition to these; make a note of them below



Use the plan to map out your activities for each month and we will catch up on our call in week 12 to talk through this in more detail.

Month 1

A large, empty rectangular area with a light orange background, intended for mapping out activities for Month 1.

Month 2

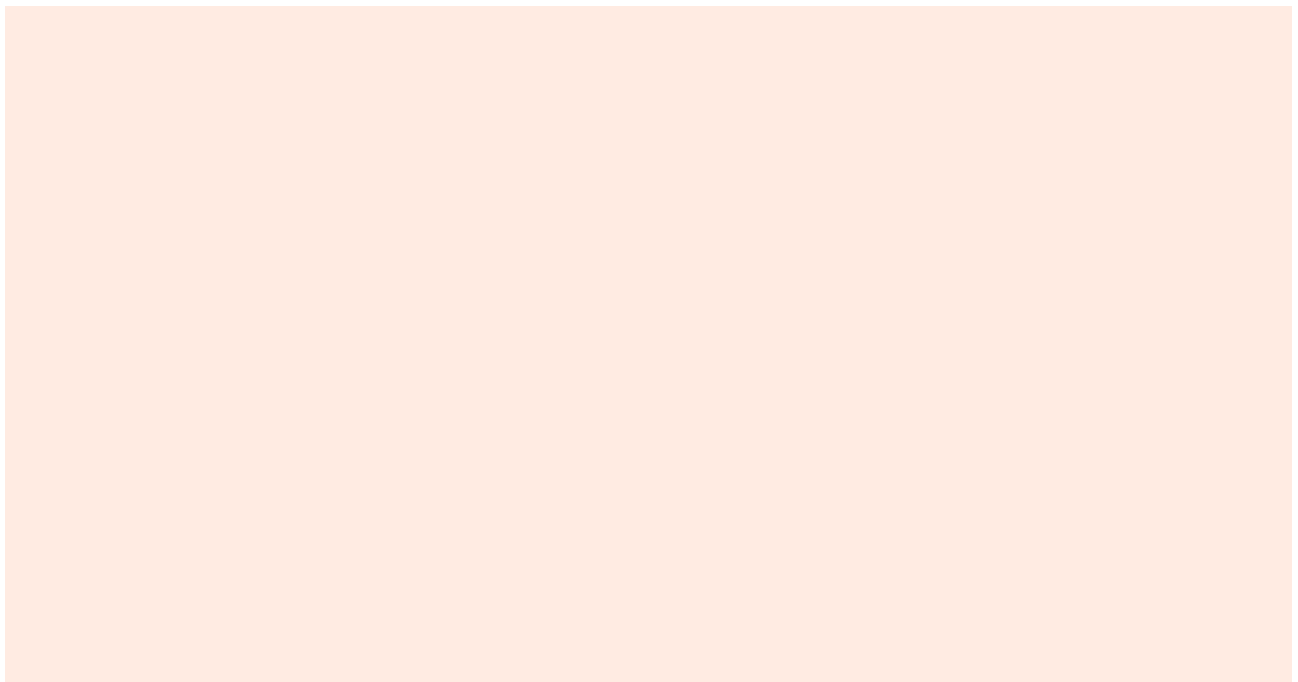
A large, empty rectangular area with a light orange background, intended for mapping out activities for Month 2.



Month 3



Month 4





Month 5



Month 6

