



Instructions

Watch the training video that supports this lesson and grab your journal or enter your answers to this worksheet.



What thoughts, niggles or situations might cause you to question your career change?

What do you need to believe about yourself or your situation to make your career change happen?



My big 'WHY' the reason I'm making this career change is because...

A large, empty rectangular box with a light orange background, intended for the user to write their reasons for a career change.

My 3 BIG motivational words or statements to help me make my career change happen are...

A large, empty rectangular box with a light orange background, intended for the user to write three motivational words or statements.